

FORGIVENESS

It is a wonderful aspect of our faith that forgiveness is both taught and treasured.

Jesus forgives as a major theme running throughout the Gospel.

The forgiveness presented is total. It is not simply a structure to limit the nature of the retribution the offended is entitled to.

However forgiveness is not simply a gift

Forgiveness does not simply have an effect upon the forgiven, but also upon the person who forgives.

Indeed there are many occasions when the capacity to forgive has the most fruitful consequence

The easiest illustration of this reality is the liberation that forgiveness can give.

Anger burns our sense of well being

Anger blots out the vision to recognise how blessed we are

Anger wastes energy in a foolish emotional cycle of recrimination

You, those you love, the world we live in is subject to fault and failure.

When we refuse to forgive we simply add to the confusion of our struggling existence

So learn to forgive yourself, forgive others, and forgive the world.

Forgiveness also creates a platform from which real progress can be made

Resentment can poison a relationship with silent retribution

Resentment can undermine the trust necessary to development

Resentment often introduces dishonesty in a futile attempt to avoid the conflict that truthful expression would precipitate

When we refuse to forgive we create an obstacle to real growth

So learn to forgive yourself, forgive others, and forgive the world.

Forgiveness allows us to love each other as we are, and not as we should be.

Indignation creates the presentation of those who do not feel free to be themselves

Indignation exhausts those wishing to appear acceptable to the unreasonable

Indignation is so boring limiting the glorious variety of life to our own narrow perception of the
acceptable

When we refuse to forgive that which we cannot comprehend we close off relationships, interests,
life

So learn to forgive yourself, forgive others, and forgive the world.

Forgiveness is not simply a gift given from me to you

Forgiveness does not simply have an effect upon the forgiven,

but also upon the person who forgives.

Celebrate forgiveness

Celebrate the personal liberation

Celebrate the joy of relationship

Celebrate this annoying and frustrating world

Learn to forgive

And enjoy

Enjoy

Enjoy