

Take up the Cross

At first this Gospel seems harsh. Speaking of hating Mother, Father and your own life too.

However to love anyone is to be prepared to help them with their freedom

To create the capacity to leave behind what is gone.

So often we hear of the good old days

More fashionable now to say back in the day

There is even the danger of neglecting what can now be done

By hiding behind the excuse of what is past

Not looking to build the Tower

Not looking to face the new challenge

But only attempting to stay in a place

To remain in set of circumstances

All of which in the passage of time

Cease to exist

Meaning that those who are not prepared to move on

are left with the relics of what was

trying to create what has gone

Those of faith give thanks for yesterday

Are prepared to face tomorrow

And live today

Those of faith are prepared to pick up their cross and follow Christ

It is harsh

But it is true

Your body will age no longer able to do what you used to do

And still today there is much you can do

You are not buried yet

Do not pretend
Take up your cross
Take up the challenge of your health
As it is
And move into tomorrow
Unless you are prepared to renounce what is gone
You will be trapped by it

Those of faith are prepared to pick up their cross and follow Christ

It is harsh
But it is true
The children who once depended upon you
are grown beyond you
But they still love you
Do not impose your yearning for what they could have been
But celebrate what they are
Take up your cross
Take up the challenge of the love you have for them
As it is
And move into tomorrow
Unless you are prepared to renounce what is gone, gone
You will be trapped by it

It is harsh
But it is true
That is not the same you
Who was passionate about Rock and Roll, and bought that silly car
Those images you thought you were have long since left you
There are fresh aspirations buzzing all around you
Celebrate what you can be and do

Take up your cross
Take up the challenge of the life that is with you
As it is
And move into tomorrow
Unless you are prepared to renounce what is gone, gone
You will be trapped by it

This is today
This is today
This is today
Unless you are prepared to renounce
Then you will be exhausted by maintain the impossible
You will be speaking to family who are not there
You will be living a lie, maintain a fantasy

Have faith
Take up your cross
Prepared
Prepared
To move into tomorrow.