

## Trinity Sunday 2026

In the name of the Father, and of the Son, and of the Holy Spirit

In the name of the Father, and of the Son, and of the Holy Spirit

An image that always brings a smile to my life is when a football star enters the field of play. Runs the hand along the grass and make the sign of the cross.

How can the power and mystery of the Blessed Trinity be expressed in the kicking of a football, the heading of a goal?

Yet it can. Yet it is. The athlete in faith attempts to do the most that skill will allow. The striker runs the risk of getting it wrong. The defender stands before the opposition and defends the team from attack.

The humility of God expressed in so insignificant an act. The kindness of creation finding life in the efforts of that point in time and place. The wonder of all life found in the love of Father, Son and Holy Spirit shared in a football game, a ritual of aspiration.

Do it for love

Do it for love.

In the name of the Father, and of the Son, and of the Holy Spirit

In the name of the Father, and of the Son, and of the Holy Spirit

I recently heard of a scout group on camp attempting to sleep as the night drew on.

On group of Scouts refused to close their eyes and SHUT UP!

Thus keeping everyone else awake with the racket. Warned once, then twice. Until at 12.30 they were ordered to dress fully. Then assemble in front of their Tent.

They were obliged to run around the field they were camped in and follow up with ten press ups each.

The giggling was reduced by exhaustion, and they were worried that unless they became quite the same thing would happen for each hour of the night.

A silly memory burned into the subconscious of those children.

This was a catholic scout group. This was done in the name of The Father, and The Son, and of the Holy Spirit.

The creative power of the Blessed Trinity seen in the fun and discipline of a group of youth enjoying the gift of life, and learning about the boundaries of community.

Do it for love

Do it for love.

These may seem to be trivial examples

We could speak of the love witnessed in a new born baby in the arms of the Father.

We could speak of the slow healing process of grief

We could point to powerful events that obviously effect the course of history or evolution.

However on this Trinity Sunday let us focus upon the humility of the Holy Trinity.

Let us focus upon our participation in the creative power of the Father, and of the Son, and of the Holy Spirit

Let us see the life of our God, not in the distant and the dramatic.

Let us have the faith to accept the daily challenge to participate in the love of Father, Son and Holy Spirit.

To see each act of kindness

To see each act of dignity.

To see each act of Joy or Courage

As an element of the creative love of this constantly moving constantly dynamic God that we out our Faith in.

And thus

Do it for Love

Do it for love

Do it for love